

Project Mishpachah

Project Mishpachah is a parent-child program designed to help sixth grade families prepare for their child's upcoming Bar/Bat Mitzvah. The program takes place on four designated Sunday mornings, each session lasting two and one half hours. Coffee and snacks are served at each session.

Among the topics covered are:

How long is the process of becoming an adult?

What does Jewish tradition say about growing up?

What is a mitzvah?

What is tikkun olam?

What are your goals for the Bar/Bat Mitzvah?

What do you know about your parents' Bar/Bat Mitzvah?

What is a D'var Torah? How do I write one?

What is a mitzvah project and why should I do one?

What is proper Bar/Bat Mitzvah etiquette?

What expectations do we have at CBE of our Bar/Bat Mitzvah students and families?

Personalized *yad* making/decorating

How do we know who to assign honors to?

What forms do we need to fill out?

What about the Kiddush lunch?

The format of the program is a combination of parent-child interaction as well as joint interaction with the group. Through this format students and parents learn about one another, learn from one another, learn from their rabbi, and bond as a group. It has become an integral part of the Bar/Bat Mitzvah process at CBE.